

## Activity 11: What can I do?

### Learning objectives

- To summarise knowledge, clarify values and think about the best action to take in response to the refugee crisis.

### Resources

- Piece of A3 or flip-chart paper (one for each group of three or four young people)
- Activity Sheet: Head, heart, hands and feet (one copy for each group). Alternatively, you could draw this on the board.

**Time required:** 25–35 minutes

### Head, heart, hands and feet

- Divide the class into groups of three or four. Ask them to review and think about what they've learnt during the previous activities related to refugees.
- Give each group a piece of A3 or flip-chart paper and ask them to draw the outline of a "gingerbread person" on it. Draw an example on the board (see the illustration on the activity sheet).
- Then either give each group a copy of the activity sheet, or annotate the "gingerbread person" you drew on the board with the labels shown on the sheet. Ask the young people to work together to label the head, heart, hands and feet as follows:
  - HEAD – Important things you've learnt about people forced to flee (knowledge).
  - HEART – What you feel about the issue (values and attitudes). Young people focus on what they think is right and fair. Young people should try to move beyond emotions – for example, feeling sad – and explore their values.
  - HANDS AND FEET – What young people could do to make a difference (actions and skills). Young people should try to be realistic and relevant.
- If there is time young people could decorate their "gingerbread person".
- Bring the class back together and ask for feedback from individuals.

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**Activity Sheet**

**Head, heart, hands and feet**

