

Notes

Chapter 1

- 1 *Webster's Collegiate Dictionary*, fifth edition, London: Bell, 1947.
- 2 See the suggestions for further reading at the end of this book.
- 3 Lucy Elman: 'Barely human', *Guardian*, 15 August 1992.
- 4 It has become fashionable in some circles in the USA to refer to non-disabled people as 'temporarily able-bodied'.

Chapter 2

- 1 A paise is one-hundredth of a rupee; 45 rupees were worth £1.00 at 1992 values.

Chapter 3

- 1 The words 'disability', 'impairment', and 'handicap' are discussed in Chapter 7.
- 2 Rachel Hurst of DPI expresses this view particularly strongly.
- 3 M. Fine and A. Asch: 'Disabled women: sexism without the pedestal' in M. Deegan and M. Brooks (eds.): *Women and Disability: The Double Handicap*, New Brunswick, NJ: Transaction Books, 1985.
- 4 *ibid.*

Chapter 4

- 1 cf. the comment made by the UK Social Security Minister, Nicholas Scott, during a debate in the House of Commons on the Civil Rights (Disabled Persons) Bill on 31 January 1992. This Bill would have outlawed discrimination against disabled people, but was effectively killed by the Minister's attitude, which he stated as 'benevolently neutral'.

- 2 Colin Barnes: *Disabled People in Britain and Discrimination*, London: Hurst and Co., 1991.
- 3 Paulo Freire: *Pedagogy of the Oppressed*, London: Penguin, 1984.
- 4 David Robinson: 'Self-help groups', *British Journal of Hospital Medicine*, August 1985.
- 5 Vic Finkelstein: 'A tale of two cities', *Therapy Weekly*, 22 March 1990.

Chapter 5

- 1 Diane Auret: *A Decade of Development: Zimbabwe 1980-1990*, Harare: Mambo Press, 1990.
- 2 See, for example, *Disability Statistics Compendium*, New York: United Nations, 1990.
- 3 Colin Barnes: *Disabled People in Britain and Discrimination*, London: Hurst and Co., 1991.
- 4 Rachel Hurst: 'Self-help for disabled people', in *Yearbook of Cooperative Enterprise 1992*, Oxford: Plunkett Foundation.
- 5 I am aware that this view is contentious, and that there is substantial evidence to the contrary. I can only report what my interviewees told me!
- 6 Esther Boylan (ed.): *Women and Disability*, London: Zed Books, 1991.
- 7 J. Baker: 'The Ethics of Disability Prevention: A Parent's Point of View', paper read at the 16th Congress of Rehabilitation International, Tokyo, 1988.
- 8 David Werner: 'Arguments for Including Disabled People in Primary Health Care', unpublished paper.
- 9 See Colin Barnes, *op. cit.*, for a very comprehensive discussion of this point.
- 10 Vic Finkelstein: 'Disability and the helper/helped relationship. An historical overview' in Brechin et al.: *Handicap in a Social World*, London/Milton Keynes: Hodder and Stoughton/The Open University, 1981.
- 11 Anne Borsay: 'Personal trouble or public issue? Towards a model of policy for people with physical and mental disabilities', *Disability, Handicap, and Society*, Vol. 1, No. 2, 1986.
- 12 Particularly recommended is *How Can I Help?*, by Ram Dass and Paul Gorman (London: Rider, 1985).
- 13 *ibid.*, quoted with permission.
- 14 Vic Finkelstein, *op. cit.*

15 *ibid.*

16 *ibid.*

17 Ram Dass and Paul Gorman, *op. cit.*

18 Erika Schuchardt: 'The crisis as an opportunity to learn', quoted in Boylan, *op. cit.*

19 Pam Zinkin, personal communication, October 1991.

20 Veronica Brand: 'Socio-economic factors affecting the rehabilitation of paraplegics in Zimbabwe', *The African Rehabilitation Journal*, Vol. 1, No. 4, 1984.

21 Address by Marilyn Baikie to the Disabled People's International 8th Asia-Pacific Leadership Training Seminar, Suva, Fiji, 25 June 1990.

Chapter 6

1 Technically the word 'rehabilitation' implies restoration to a previous level. In the case of children disabled from birth, it would be more accurate to speak of 'habilitation'. However, for the sake of simplicity I have used 'rehabilitation' throughout this text.

2 Unpublished report by ADD.

3 See the Suggestions for Further Reading at the end of this book.

4 See especially Mike Miles: 'Why Asia rejects Western disability advice', in Diane Dredger (ed.): *Disabled People in International Development*, Winnipeg: Coalition of Provincial Organisations of the Handicapped, 1991.

5 The prime text which defined it was Helander, Mendis and Nelson: *Training Disabled People in the Community*, Geneva: WHO, 1979.

6 Brian O'Toole: 'Community-Based Rehabilitation: Problems and Possibilities', paper written at the University of Guyana, undated.

7 Helander, Mendis, and Nelson, *op. cit.*

8 This is a common practice in some Western countries such as Britain.

9 David Werner: 'Project Projimo: a programme for and by disabled people', in Dredger (ed.) *op. cit.*

10 Especially the writings of Mike Miles, e.g. 'Where There Is No Rehab Plan', Peshawar: Mental Health Centre, 1985.

11 Lena Saleh: 'Initiating Action. Proceedings of the 7th World Congress of ILSMH on Mental Handicap', Vienna 1978.

- 12 Quoted in Frank Prochaska: *The Voluntary Impulse: Philanthropy in Modern Britain*, London: Faber, 1988.
- 13 *ibid.*
- 14 *ibid.*
- 15 Livion Nyathi: 'The disabled and social development in rural Zimbabwe', *The African Rehabilitation Journal*, Vol. 1, No. 4, 1984.
- 16 Justin Dart, Chairperson of the President's Committee on Employment of People with Disabilities in the United States, quoted in *Vox Nostra*, May 1992.
- 17 Ram Dass and Paul Gorman: *How Can I Help?*, London: Rider, 1985.
- 18 *ibid.*
- 19 Justin Dart, *op. cit.*

Chapter 7

- 1 Thomas Harris: *I'm OK, You're OK*, Avon Books, 1969.
- 2 *Disability Statistics Compendium*, New York: United Nations, 1990.
- 3 Dr Daisy Dhamaraj: 'PREPARE's Work with the Disabled', paper presented to a workshop on disability and development, October 1991, organised by ADD India.
- 4 Oxfam files.
- 5 Personal communication from Pam Zinkin, Institute of Child Health, London.
- 6 Examples can be found in Mike Miles: 'Where There Is No Rehab Plan', Peshawar: Mental Health Centre, 1985.
- 7 David Werner: 'Visit to Angola', *Vox Nostra* No. 1, 1990 (published by DPI).
- 8 Zimbabwe National Disability Survey, 1981.

Chapter 8

- 1 Robin Palmer and Isobel Birch: *Zimbabwe: A Land Divided*, Oxford: Oxfam, 1992.
- 2 A settler politician quoted in Palmer and Birch, *op. cit.*
- 3 *ibid.*
- 4 Helen House, Mary McAlister, and Cathy Naidoo: *Zimbabwe — Steps Ahead: Community Rehabilitation and People with Disabilities*, London: Catholic Institute for International Relations, 1990.
- 5 *op. cit.*

- 6 Information about the early life of Jairos Jiri is taken from *Jairos Jiri, the Man and his Work* by June Farquhar (Harare: Mambo Press, 1987).
- 7 Frank Prochaska: *The Voluntary Impulse: Philanthropy in Modern Britain*, London: Faber, 1988.
- 8 Extract from an interview with Alex Phiri by Yutta Fricke, published in *CBR News* No. 5, April 1990.
- 9 *ibid.*
- 10 Peter Nyathi: 'Evaluation of the Rural Membership Development Programme of NCDPZ, May-June 1985'.
- 11 Report of the participatory evaluation exercise of the NCDPZ rural membership development programme.
- 12 Jabulani Ncube: 'Evaluation Report on the Development Studies Course, Selly Oak, Birmingham, September-December 1987, and its Relevance to my Work with NCDPZ', Oxford: Oxfam files.
- 13 NCDPZ Evaluation Report, 1988.
- 14 Jabulani Ncube, *op. cit.*, 1988.

Chapter 10

- 1 For example, Thierry Verhelst: *No Life Without Roots — Culture and Development*, London: Zed Books, 1990.
- 2 Pramod Unia: 'Social action strategies in the Indian Sub-Continent', *Development in Practice*, Vol. 1 No. 2, pp. 84-96, 1991. This is a useful critique of the approach and effectiveness of social action groups throughout the sub-continent.
- 3 Judith Brown: *Modern India: The Origins of an Asian Democracy*, Oxford: Oxford University Press, 1985.
- 4 Jacob Dhamaraj, personal communication.
- 5 Untitled paper by PREPARE, Sriperambudur, Tamil Nadu.
- 6 A *dalit* leader in Tamil Nadu, quoted by PREPARE, *op. cit.*
- 7 Dr Daisy Dhamaraj: 'PREPARE's Work with the Disabled'. Paper presented to workshop on disability and development organised by ADD India, October 1991.
- 8 Quoted in *Silver Shackles: Women and Development in India*, by Maitrayee Mukhopadhyay (Oxford: Oxfam, 1984).
- 9 *ibid.*
- 10 Paper presented by Narinder Bedi, YIP, at a workshop on disability and development, organised by ADD India, October 1991.

Chapter 11

- 1 Rita Giacaman *et al.*: 'Towards the Formulation of a Rehabilitation Policy: Disability in the West Bank', Birzeit University, October 1989.
- 2 *ibid.*
- 3 2.7 shekels = 1 US dollar.
- 4 Michael Miles: 'Where There Is No Rehab Plan', Peshawar, 1985, quoted by Rita Giacaman, *op. cit.*

Chapter 12

- 1 Figures released by the Beirut Police Department and reported in the *Guardian*, 11.3.92.

Chapter 13

- 1 I owe to Chris Underhill of ADD the insight which resulted in the picture of these concentric circles.
- 2 The paucity of the basic-needs approach is well described by Jeremy Seabrook in his article 'Development and human needs', published in the newsletter of the Gandhi Foundation, *The Gandhi Way*, No. 32, Summer 1992 (The Gandhi Foundation, Kingsley Hall, Powis Road, Bromley-by-Bow, London E3 3HJ).
- 3 Ram Dass and Paul Gorman: *How Can I Help?*, London: Rider, 1985.
- 4 Vic Finkelstein: 'Disability and the helper/helped relationship: an historical overview', in Brechin *et al.*: *Handicap in a Social World*, London/Milton Keynes: Hodder and Stoughton/The Open University, 1981.
- 5 M. Fine and A. Asch: 'Disabled women: sexism without the pedestal' in M. Deegan and M. Brooks (eds.): *Women and Disability: The Double Handicap*, New Brunswick, NJ: Transaction Books, 1985.
- 6 Y. Duffy: *All Things are Possible*, Michigan: A.J. Garvin and Associates, 1981.
- 7 Micheline Mason: *Disability Equality in the Classroom: A Human Rights Issue*, London: Disability Equality in Education (78 Mildmay Grove, London N1 4PJ).
- 8 Ruth Sienkiewicz-Mercer and Stephen Kaplan: *I Raise My Eyes To Say Yes*, London: Grafton Books, 1990.
- 9 Walt Whitman: 'A song of the rolling earth', 1860.

Some organisations dealing with disability and development in developing countries

The organisations listed below are those with an international mandate. There are many hundreds of national and local organisations which are beyond the scope of this book. For additional addresses and descriptions of programmes, see *ICOD Compendium: Facts about the Members of the International Council on Disability and Related Agencies of the United Nations System*, published by Rehabilitation International (q.v.). A complete register is being compiled by The Hesperian Foundation (q.v.).

United Nations system

International Labour Organisation (ILO)

Willi Momm
Vocational Rehabilitation
Branch
4 Route des Morillons
CH-1211 Geneva
Switzerland

Supports projects and programmes dealing with economic aspects of work in disability. Its support is through training, consultancies, and funding.

UNESCO

Lena Saleh (Disability)
Special Programmes Section
7 Place de Fontenoy
75700 Paris
France

UNESCO's disability unit produces excellent booklets on a variety of topics related to disability in several languages.

United Nations Centre for Social Development and Humanitarian Affairs

Mamadou Barry
Disabled Persons Unit
Vienna International Centre
PO Box 500
A-1400 Vienna
Austria

United Nations Relief and Works Agency for Palestinian Refugees (UNRWA)

Director, Relief and Social Services
Vienna International Centre
PO Box 700
Vienna
Austria

UNRWA, mandated to work with Palestine refugees in the Middle East, encourages the formation of local disability committees and community-run disability centres in refugee camps in Lebanon, Syria, Jordan, the West Bank, and Gaza Strip.

UNDP

Einer Helender
United Nations Development Programme
1 UN Plaza
New York
NY 10017
USA

Helender, the author of the World Health Organisation's CBR manual, coordinates the Inter-Regional Programme for Disabled People.

World Health Organisation (WHO)

Dr Pupulin
Rehabilitation Section
20 Avenue Appia
CH-1211 Geneva
Switzerland

WHO provides advice and financial support especially to CBR programmes. It is the originator of the term 'CBR', and the producer of the principal CBR training manual.

Non-governmental organisations working on disability in developing countries

ActionAid

Hamlyn House
Archway
London N19 5PG
tel: 071 281 4101

An aid and development agency which supports disability projects in developing countries.

Action on Disability and Development (ADD)

23 Lower Keyford
Frome
Somerset
BA11 4AP
UK

tel: 0373 473064 fax: 0373 452075

A development agency which gives

advice and financial support to groups and projects run by disabled people. Its work is focused on Africa, Central America, and Asia (through ADD India).

ADD India

PO Box 2598
Bangalore 560 025
India
tel: 91 812 217802
fax: 91 812 215508

ADD India is a separate sister organisation working in India, Nepal, and Bangladesh; it is beginning to develop a regional approach.

Appropriate Health Resources and Technology Action Group (AHRTAG)

1 London Bridge Street
London SE1 9SG
UK
tel: 071 378 1403

Has an excellent resource centre covering both health and disability. Produces CBR News (see Suggestions for Further Reading).

Caritas Internationalis

Piazza S. Calisto 16
00153 Rome
Italy

Funds and operates programmes and training in disability work.

Cerebral Palsy Overseas, CPO

Derek Lancaster Gay, Director
6 Dukes Mews
London W1
UK
tel: 071 486 6996

Advises on setting up projects, particularly related to cerebral palsy.

Handicap International

ERAC 14 Ave
Berthelot 69361
Lyon Cedex 07
France
tel: 78 69 79 79
fax: 78 69 79 94

Specialises in orthopaedic work, using expatriate volunteers. Many of its programmes are in war-affected areas.

Hesperian Foundation (David Werner)

PO Box 1692
Palo Alto
California 94302
USA

David Werner is the author of Disabled Village Children and runs the Projimo Project, a CBR programme organised by disabled people. The Hesperian Foundation is also compiling a register of organisations relating to disability.

IMPACT

c/o World Health Organisation
Room L 225
20 Avenue Appia
CH-1211 Geneva
Switzerland

An international initiative against avoidable impairment, working mainly in prevention.

I'Arche (Jean Vanier)

Trosly Breuille
603 350 Cuise La Motte
France

A world-wide organisation which provides an alternative to institutional care for people with mental impairments. Disabled people live in small family groups with non-disabled people.

Oxfam (UK and Ireland)

274 Banbury Road
Oxford OX2 7DZ
UK
tel: 0865 311311
fax: 0865 312600

An aid and development agency which includes support for disability in its work in Africa, the Middle East, and Asia. Decisions to support projects or programmes are made in field offices located in about 40 countries.

Radde Barnen

(Swedish Save the Children)
Tegeluddsvagen 31
Box 27320
S-102 54 Stockholm
Sweden
tel: 010 46 8 6650100

An aid and development agency

with a particular interest in disability projects.

Rehabilitation International

432 Park Avenue South
New York
NY 10016
USA

A co-ordinating body for people working in disability, mainly practitioners and professionals.

Royal Commonwealth Society for the Blind

Commonwealth House
Haywards Heath
West Sussex
RH16 3AZ
UK

tel: 0444 412424

Save the Children Fund (SCF)

17 Grove Lane
London SE5 8RD
UK
tel: 071 703 5400

Supports disability-related work in many different countries where it is represented. The focus is on CBR and integrating disability within its general programmes. Unlike most other development agencies, SCF has a Disability Adviser operating worldwide.

Organisations providing training courses on disability and development

Institute of Child Health

30 Guildford Street

London WC1

UK

tel: 071 242 9789

Runs, under the direction of Pam Zinkin, a one-year diploma course (to be changed to a Master's) in CBR.

Handicapped Education and Aid Research Unit (HEARU)

Ken Westmacott (Director)

Walburgh House

56 Bigland Street

London E1 2NG

UK

Organises overseas workshops on appropriate technological aids for disabled people.

The Open University

Milton Keynes

MK7 6AA

UK

tel: 0908 653414

Offers a distance-learning course on disability which raises in great detail the issues treated in this book, but in a British setting.

Organisations networking globally on disability

Disability Awareness in Action (DAA)

Rachel Hurst

11 Belgrave Road

London SW1

UK

tel: 071 834 0477

fax: 071 821 9539

An international public education organisation campaigning in support of the UN Programme of Action Concerning Disabled Persons.

Disabled People's International (DPI)

101-7 Evergreen Place

Winnipeg

Manitoba

Canada R3L 2T3

tel: 204 287 8010

fax: 204 287 8175

The world-wide co-ordinating body for cross-disability organisations, run by disabled people with the goal of achieving full and equal participation for disabled persons.

**Initiatives for Deaf
Education in the Third
World**

Doreen Woodford
9 Church Walk
Much Wenlock
Shropshire
TF13 6EN
UK

*An important initiative, with
partners all over the world. It also
does training.*

**International Centre for
the Advancement of CBR
(ICACBR)**

Queens University
Kingston
Ontario
Canada K7L 3NG

**International League of
Societies for Persons with
Mental Handicap**

Ave. Louise 248 bte 17
B - 1050 Brussels
Belgium

Suggestions for further reading

There are not many books which set out to deal with disability in developing countries in the way that this book does — which is why I wrote it! But the following is a list of publications which I have found particularly helpful in developing my arguments. They are not necessarily concerned with developing countries, nor even with disability as such.

Books

Colin Barnes: *Disabled People in Britain and Discrimination. A Case for Anti-Discrimination Legislation*, London: Hurst & Co., 1991.

A detailed and scholarly account which warns against complacency in a Northern country which still has no anti-discrimination legislation on disability.

Esther Boylan (ed.): *Women and Disability*, London: Zed Books, 1991.

A useful collection of articles covering both the developed and developing world.

Ram Dass and Paul Gorman: *How Can I Help?*, London, Sydney, Auckland, Johannesburg: Rider, 1985.

The best book I have come across for insights into the role of helper and helped. Essential reading for anyone who takes these roles seriously, whether professionally or privately.

Diane Dredger: *The Last Civil Rights Movement*, London: Hurst and Co., 1989.

Explores the origins and history of Disabled People's International.

Diane Dredger: *Role of Organisations of Disabled People, Winnipeg: Disabled People's International.*

Helen House et al.: *Zimbabwe Steps Ahead. Community Rehabilitation and People with Disabilities*, London: Catholic Institute for International Relations, 1990.

Referred to in Chapter 9 of this book.

Mike Miles: 'Where There Is No Rehab Plan', Peshawar: The Mental Health Centre, 1985.

A fierce attack on CBR and the claims made for it. Somewhat extreme, but it provokes thought.

Milton Keynes World Development Education Centre: *Challenging a Disabling World*, available from Milton Keynes World Development Education Centre, Stantonbury Campus, Milton Keynes MK14 6BN, UK.

A well-produced package designed to help groups to think about the social model of disability.

Jenny Morris: *Able Lives*, London: The Women's Press, 1989.

The testimonies of disabled women.

The Open University: Course materials on *The Handicapped Person in the Community*, published by the Open University, Milton Keynes, MK7 6AB, UK.

Very thorough treatment of the British context.

Frank Prochaska: *The Voluntary Impulse: Philanthropy in Modern Britain*, London: Faber, 1988.

A brief, helpful overview of the way in which private voluntary action and 'charity' have developed in Britain. It is interesting to compare trends in Britain with those in developing countries.

Ruth Sienkiewicz-Mercer and Stephen Kaplan: *I Raise My Eyes to Say Yes*, London: Grafton Books, 1990.

Described in Chapter 12 of this book. Written with extraordinary simplicity and power, it describes Ruth's experiences in a total institution, illuminating the obstacles to personal development faced by disabled people in a world of profound ignorance and entrenched prejudices.

Marigold Thorburn et al.: *Practical Approaches to Childhood Disability in Developing Countries: Insights from Experience and Research*,

obtainable from 3D Projects, 14 Monk Street, Spanish Town, Jamaica, West Indies; or Dr Kofi Marfo, College of Education, 405 White Hall, Kent State University, Kent, Ohio 44242, USA.

A valuable collection of articles on a range of topics, mainly on programme issues. Includes a powerful critique of CBR.

The United Nations Economic and Social Commission for Asia and the Pacific (ESCAP): *Self-help Organisations of Disabled Persons*, New York: United Nations, 1991.

A useful compendium (in large print) relating to the Asia and Pacific Region.

Ellen Wilkie: *A Pocketful of Dynamite*, London: Hodder and Stoughton, 1990.

A lively and poetic disabled person tells her own inspiring story.

Journals and newsletters

Listed here are the major periodicals produced for a global audience. In addition there are many regional and national newsletters.

CBR News: newsletter/journal published by AHRTAG (see Appendix for address).

Disability, Handicap and Society: an academic journal published three times a year. Subscriptions address: Carfax Publishing Company, PO Box 25, Abingdon, OX14 3UE, UK.

Disability Now: monthly newspaper published by the Spastics Society, 12 Park Crescent, London W1N 4EQ, UK.

Disability Rights Handbook: produced annually by Disability Alliance. Recognised as the most comprehensive guide to rights, benefits, and services for all disabled people and families.

New Internationalist Special issue on disability, No. 233, July 1992: a brief introduction and good summary of some of the issues. Available from New Internationalist, 55 Rectory Road, Oxford OX4 1BW, UK; fax 0865 793152.

Vox Nostra: newsletter/journal published quarterly by DPI (Disabled People's International). Available from DPI (see Appendix for address) in several languages, including Arabic.

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